

The Cathedral Eucharist

Sunday, 12th July, 2026

The Sixth Sunday after Trinity



The President today is the Reverend Nitano Muller, Canon for Worship and Welcome, who is also preaching. The Deacon is John Lloyd, Cathedral Lay Reader. The Subdeacon is Donald Parr, Cathedral Lay Reader.

The Cathedral Choir is directed by Joe Watson, Acting Director of Music. The organists are Liam Condon, Assistant Director of Music and Adam Heron, Organ Scholar.

The service setting is Plainsong Mass for a Mass by John Sheppard (1515-1558).

*We encourage our visitors to take photographs of our beautiful cathedral, **but please no photography during the service.***

If you would like to access the loop system, please speak to one of the vergers.

Opening Hymn

**Dear Lord and Father of mankind,
forgive our foolish ways;
re-clothe us in our rightful mind,
in purer lives thy service find,
in deeper reverence praise.**

**In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word
rise up and follow thee.**

**O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love!**

**Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace.**

**Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind, and fire,
O still small voice of calm.**

Words by John Greenleaf Whittier (1807-1892)

Tune CP 411 Repton arranged from the oratorio Judith by C.H.H. Parry (1848-1918)

The Collect

Merciful God,
you have prepared for those who love you such good things as pass
our understanding: pour into our hearts such love toward you that we,
loving you in all things and above all things, may obtain your promises,
which exceed all that we can desire; through Jesus Christ your Son our
Lord, who is alive and reigns with you, in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The First Reading

Read by Bob Johnson, representing the Cathedral Lay Clerks.

A Reading from the Letter of Saint Paul to the Romans.

¹ There is therefore now no condemnation for those who are in Christ Jesus. ²For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. ³For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, ⁴so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. ⁵For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. ⁶To set the mind on the flesh is death, but to

set the mind on the Spirit is life and peace. ⁷For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, ⁸and those who are in the flesh cannot please God.

⁹ But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. ¹⁰But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. ¹¹If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Romans 8:1-11

This is the word of the Lord.

Thanks be to God.

The Gospel Acclamation

The seed is the word of God, Christ the sower;
all who find him will live for ever.

The Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

¹ That same day Jesus went out of the house and sat beside the lake. ²Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. ³And he told them many things in parables, saying: 'Listen! A sower went out to sow. ⁴And as he sowed, some seeds fell on the path, and the birds came and ate them up. ⁵Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. ⁶But when the sun rose, they were scorched; and since they had no root, they withered away. ⁷Other seeds fell among thorns, and the thorns grew up and choked them. ⁸Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. ⁹Let anyone with ears listen!'

¹⁸ 'Hear then the parable of the sower. ¹⁹When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. ²⁰As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; ²¹yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. ²²As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. ²³But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

Matthew 13:1-9, 18-23

This is the Gospel of the Lord.

Praise to you, O Christ.

Offertory Hymn

**There's a wideness in God's mercy
like the wideness of the sea;
there's a kindness in his justice
which is more than liberty.**

**There is no place where earth's sorrows
are more felt than up in heaven;
there is no place where earth's failings
have such kindly judgement given.**

**For the love of God is broader
than the measures of man's mind;
and the heart of the Eternal
is most wonderfully kind.**

**But we make his love too narrow
by false limits of our own;
and we magnify his strictness
with a zeal he will not own.**

There is plentiful redemption
in the blood that has been shed;
there is joy for all the members
in the sorrows of the Head.

There is grace enough for thousands
of new worlds as great as this;
there is room for fresh creations
in that upper home of bliss.

If our love were but more simple,
we should take him at his word;
and our lives would be all gladness
in the joy of Christ our Lord.

Words by F.W. Faber (1814-1863)

Tune CP 598i Corvedale Maurice Bevan (1921-2006)

Anthem

Ave Maria, gratia plena, Dominus
tecum;
benedicta tu in mulieribus,
et benedictus fructus ventris tui,
Jesus.
Sancta Maria, Mater Dei,
ora pro nobis peccatoribus,
nunc et in hora mortis nostrae.
Amen.

*Hail Mary, full of grace, the Lord is
with thee;
blessed art thou among women,
and blessed is the fruit of thy
womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.*

Music by Mervyn Cousins

Communion Hymn

**Be thou my guardian and my guide,
and hear me when I call;
let not my slippery footsteps slide,
and hold me lest I fall.**

**The world, the flesh, and Satan dwell
around the path I tread;
O save me from the snares of hell,
thou quickener of the dead.**

**And if I tempted am to sin,
and outward things are strong,
do thou, O Lord, keep watch within,
and save my soul from wrong.**

**Still let me ever watch and pray,
and feel that I am frail;
that if the tempter cross my way,
yet he may not prevail.**

Words by Isaac Williams (1802-1865)

Tune CP 385 Abridge Isaac Smith (1734-1805)

Post Communion

**God of our pilgrimage,
you have led us to the living water:
refresh and sustain us
as we go forward on our journey,
in the name of Jesus Christ our Lord.
Amen.**

Closing Hymn

The church's one foundation
is Jesus Christ her Lord;
she is his new creation,
by water and the word:
from heaven he came and sought her
to be his holy Bride;
with his own blood he bought her,
and for her life he died.

Elect from every nation,
yet one o'er all the earth,
her charter of salvation,
one Lord, one faith, one birth;
one holy name she blesses,
partakes one holy food,
and to one hope she presses,
with every grace endued.

Though with a scornful wonder
men see her sore oppressed,
by schisms rent asunder,
by heresies distress;
yet saints their watch are keeping,
their cry goes up, "How long?"
and soon the night of weeping
shall be the morn of song.

Mid toil and tribulation,
and tumult of her war
she waits the consummation
of peace for evermore;
till with the vision glorious
her longing eyes are blest,
and the great church victorious
shall be the church at rest.

**Yet she on earth hath union
with God, the Three in one,
and mystic sweet communion
with those whose rest is won:
O happy ones and holy!
Lord, give us grace that we,
like them, the meek and lowly,
on high may dwell with thee.**

*Words by S. J. Stone (1839-1900)
Tune CP 585 Aurelia S. S. Wesley (1810-1876)*

Voluntary

Fanfare by John Cook (1918-1984).

We invite those joining us for worship to contribute to the costs of mission at the Cathedral. Please use the cash or contactless donation points, or the QR code below. This will take you to the Cathedral's page for the Parish giving Scheme which will enable you to make a one-off donation, or set up a regular gift should you wish. Thank you so much for your support and generosity.



*If you would like to revisit this morning's sermon, please visit this page:
<https://www.coventrycathedral.org.uk/worship-music/services/sermons>*

We serve refreshments at the back of the Nave after this service, please do join us and if you are visiting, please introduce yourself to one of the ministers.

Safeguarding at Coventry Cathedral

We are committed to the safeguarding of all people. For details, please visit
<https://www.coventrycathedral.org.uk/safeguarding>

Our Safeguarding Team are:



Canon Nitano

Interim
Chapter
Safeguarding
Lead



Jane Williams

Cathedral
Community
Safeguarding
Officer



Jo Brake

Safeguarding
Lead for Policy
and Process

You can report a concern to our Safeguarding Team by emailing
cathedral.safeguarding@coventrycathedral.org.uk
or phoning 02476 52 1360

Alternatively, you can contact the Diocesan Safeguarding Team led by Sarah
Price by phoning 024 7652 1345 or emailing
safeguarding@coventry.anglican.org

Daily Services at the Cathedral:

Regular services at the Cathedral follow this pattern. For special services and
up-to-date information about one-off cancellations of the services below,
please check the calendar on the Cathedral website:
<https://www.coventrycathedral.org.uk/full-calendar>

Monday - Friday

8:30 – 9:00am: *Morning Prayer & Holy Communion*

12 – 12:10pm: *The Litany of Reconciliation*

(followed on Thursdays by BCP Holy Communion)

4 – 4:30pm: *Evening Prayer*

(or Wednesday and Thursday during school terms: Choral Evensong, 5:15 - 6pm)

Saturday

12 – 12:10pm: *The Litany of Reconciliation*

Sunday

10:30 – 11:45am: *The Cathedral Eucharist*

4 – 5pm: *Choral Evensong*

JOINING OUR CHOIRS

Boys and girls between the ages of 7 and 11 are welcome to audition for our Cathedral Choir. Do you know a child who loves to sing? There are many benefits to joining the choir – new friends, a free, world-class music education, choir pay, singing services and at special events in amazing places, choir tours, broadcasts, recordings and social events too. If you or someone you know might be interested in joining the choir, please be in touch with the Acting Director of Music to arrange a meeting. Email: Music.Administrator@CoventryCathedral.org.uk

Our Cathedral Chamber Choir

Our Cathedral Chamber Choir sing voluntarily at various services throughout the year and are currently open for auditions on all voice parts. Rehearsals usually take place on occasional Thursday evenings in the lead up to a service. If you would be interested in joining our Chamber Choir, please get in touch with Liam Condon, Assistant Director of Music, for an audition. Email: Liam.Condon@coventry.anglican.org

Coventry Cathedral Chorus

The Chorus is one of the Midlands' leading amateur choirs, bringing together around 60 singers to perform a wide range of choral music in and beyond Coventry. Founded shortly after the consecration of Coventry Cathedral in 1963, the Chorus continues a rich tradition of singing in notable venues across the UK and Europe.

Rehearsals take place at the Cathedral on Tuesday evenings, 7.15–9.30pm. New singers are always welcome. To find out more or arrange to attend a rehearsal, visit coventrycathedralchorus.com or contact the Membership Secretary at membership@coventrycathedralchorus.com. Follow Coventry Cathedral Chorus on Facebook and @CovCathChorus on X.

COMMUNITY NEWS

Exploring Mark's Gospel

The first of our Small Groups begins this July with a five-week Bible Study exploring the Gospel of Mark. The group will meet **every Wednesday in July** (starting on 1 July) at 7.00pm in St Michael's House.

Whether you are new to church, new to Christianity, curious about the Bible, or simply looking to deepen your faith, this group offers a welcoming space to read and discuss Scripture together. We will explore practical and life-giving ways of engaging with the Bible and discovering what it has to say to us today.

If you would like to join or would like to know more, please speak to Jacob Highton, co-leader of the group, or email jacob.highton16@gmail.com.

VOLUNTEERS NEEDED!

Can you help? We are looking for people who might be able to support our dedicated team of choir chaperones. You would be responsible for the safety and pastoral care of our wonderful choristers during rehearsals and services on a rota basis. Could you offer some time in the early evenings on Tuesdays, Wednesdays or Thursdays, or on a Saturday morning, or before and during our Sunday services? Are you kind and able to work well with children? Are you reliable and willing to work with our policies to keep children safe?

This is an important role and so volunteers will go through our safer recruitment process, have a DBS check and complete training as part of our firm commitment to promoting a safe environment and culture for children, young people and vulnerable adults.

For more information, please speak to Jane Williams or email the Music Department Administrator at April.Griffiths@Coventry.Anglican.org

CCN Young Reconcilers Gathering

4-7th August 2026

Coventry's story is as relevant today as it's ever been. This summer, we are inviting young people aged 18-25 to come and be excited by its significance in a world in conflict. Together we will reflect on how it can reach into situations large and small, and learn with us some key reconciliation skills and practice, alongside different nationalities of young peacebuilders.

Earlybird cost (non-residential*) is £120 per person, to include all meals and refreshments from the Tuesday evening until the Friday afternoon.

Those attending the full gathering until its close on Friday lunchtime will receive a Foundation Certificate in Reconciliation & Peacebuilding from

Coventry Cathedral. Please consider this for yourself or share this information with young people you know. If you might be willing to sponsor a place for a young person, please speak to Kate.

COMING SOON

South Asian Heritage Celebration

Saturday, 25 July 2026, 12pm-3pm

Join us for a joyful celebration of South Asian heritage, culture, faith, and community. The afternoon will include music, dance, poetry, prayer, a keynote address, opportunities to hear personal stories through a panel discussion, and shared food and fellowship. All are warmly invited to come and celebrate the richness and diversity of our communities together. More details to follow.